



Airwalker[®]

Length vs Weight

Chart



Stretch Products for Dance, Therapy, Education, and Fitness
www.dyenamicmovement.com

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Airwalker Sizing Instructions

Product Description

The Airwalker creates a full-body experience of suspension and weightlessness combined with the safety and comfort of the womb. The cocoon-like design provides total body pressure that not only feels good, but also builds muscular strength, coordination and balance. Being suspended creates a heightened relationship to gravity which stimulates the vestibular system responsible for balance and coordination.

The Airwalker is light weight, takes up minimal space and is available in two sizes. It incorporates a ball-bearing coupler for smooth rotation. A heavy nylon webbing strap is also included to increase the hanging length from 5½” to 4’9”.



Rotator



Fleece Cover



Fabric Body



Adjustable Hanging Strap



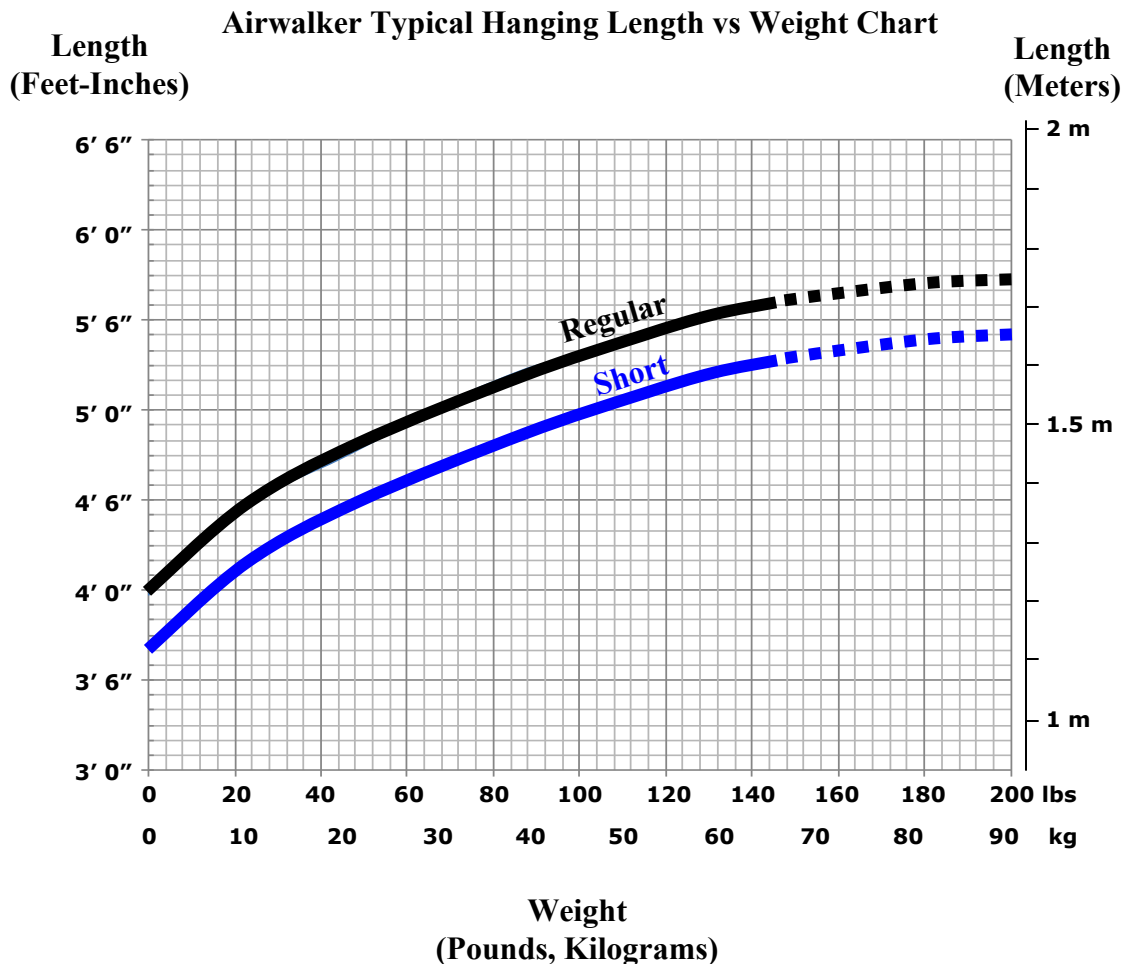
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Airwalker Typical Hanging Length Chart

The following graph may be used to determine the hanging length of the Airwalker given the weight of the person inside. There are slight variations in stretch characteristics between production runs, so this will be an approximation. For home use we recommend the Short Airwalker to accommodate shorter ceiling heights. An adjustable hanging strap is strongly recommended to adjust the height for different activities or multiple users.

The Airwalker hanging length is given in feet and inches on the left side and meters on the right side. At the bottom, select the weight of the person in pounds or kilograms. Follow the line up vertically until it hits the Short or Regular Airwalker curve and then follow it across horizontally to find the Airwalker hanging length. Then add 2 feet (61 cm) for mat thickness, clearance, suspension hardware, and the adjustable hanging strap length to determine the minimum ceiling height.



Please Note: Airwalker use must always be supervised. Do not exceed the maximum weight of 200 lbs (90 kg). A padded mat should be placed underneath to provide protection against falls. Visually inspect the hanging components and straps after each use. If there are any signs of wear or abrasion, discontinue use and contact Dye-namic Movement Products, Inc. for repair.



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